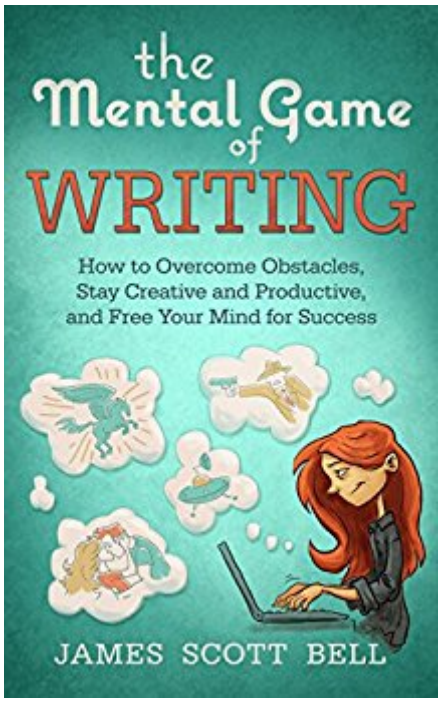
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The Mental Game Of Writing: How To Overcome Obstacles, Stay Creative And Productive, And Free Your Mind For Success



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Synopsis

The keys to success as a writer are yours for the thinking!All success begins in the mind. For writers, the mind fuels the imagination and creates stories. But for authors who are productive and resilient, and see a good return on their efforts, there is another factor at work. They are winning the mental game of writing.Successful writers have the ability to inspire themselves to produce consistently, improve systematically, overcome obstacles and keep up a positive mental attitude. In this book, #1 bestselling writing teacher James Scott Bell takes you through the mental landscape of the successful author. He shows you not only how to stay on your game, but how to improve it. He gives you insights, strategies and techniques for blasting through walls and jumping over hurdles, setting you free to concentrate on what you love most Ã¢â ¬â œ writing.You'll learn how to define true success, formulate goals and plans, find courage and commitment to write, unleash your creativity and write with joy.You'll also be given steps to handle challenges like stress, burnout, envy, expectations and the trap of comparison. In short, you'll learn to get all your mental jets going full blast so your writing can reach new heights!"I need three things before I tackle a new novel: Diet Coke, a laptop, and my dog-eared copies of James Scott Bell's books on writing craft." - #1 NYT Times Bestselling Author Kami Garcia

Book Information

File Size: 3499 KB

Print Length: 145 pages

Page Numbers Source ISBN: 0910355339

Simultaneous Device Usage: Unlimited

Publisher: Compendium Press (July 21, 2016)

Publication Date: July 21, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01IW6T1UI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #67,157 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23 inÃ Â Kindle Store > Kindle eBooks > Arts & Photography > Performing Arts #24 inÃ Â Books > Humor & Entertainment > Movies > Screenplays #152 inÃ Â Kindle Store > Kindle eBooks > Reference > Writing, Research & Publishing Guides > Writing Skills

Customer Reviews

Nothing about craft in here. This is all about the vital mental game. Envy, insecurity, fear, writers block, procrastination -advice for all these and more. Structured in short chapters, easy to pick up and read in 2 minutes a pop. If you have fears, worries and emotions churning inside you when you write, this book is for you. I learned a lot and will be buying the author’s other books.

This gem should be read by every aspiring and published author. As you progress in your journey as a writer there are new hurdles to vault. When you’re starry-eyed and dreaming, you need to read it. When you’ve got five books under your belt, you need to read it. When you’re pulling out your hair wondering if you made a huge mistake wanting to write, you need to read it. The Mental Game of Writing needs to be read at every stage of the journey. James Scott Bell truly inspires and teaches us how to overcome the obstacles (as the subtitle promises) while sharing stories of his own journey along the way. So much of a writer’s drive is in the mind, as Bell explains. In this day and age when negativity abounds, it’s a good reminder to keep our chins up, dream big, and keep pounding the keyboard! Don’t give up.

If it’s written by James Scott Bell. It’s automatically a winner.To moi, I truly believe the biggest obstacle to our own success is US.We get in our own way with that voice inside our heads.Bell delves into the psychological game of writing.He makes a good case to beat the resistance writers face.And how to overcome the doubts our minds try to trip them up with.We’ve all read a bad book and a good book and the hill climb between the two is steep enough without the devil on our shoulder whisperingdoubt and fear each step of the way.Steven Pressfield writing on the topic too is my other top choice.These are the "kick in the pants and stop your sniveling" pros to go from a wanna be to ’what’s the next writing project’ Get It Done professional attitude.

I found this book helpful for getting me unblocked. I liked the dictionary game. The first day I tried this I was surprised at how quickly I came up with 500 words. The next time I tired it I didn’t have a dictionary around so just picked up a book and the first word I came to wrote about that. Amazing

how quickly I was able to bypass my internal critique and just write.

Worth your time, your thinking caps, your body, your mind, your spirit and everything you're going after to make it right for yourself. All you gotta do is accept and believe that the Good Creator will provide all your needs and resources for you. U have to put it in positive use and put into some motivation, credibility and self discipline. There's no excuse. Mr. Bell proves it straight up!

James Scott Bell's sage advice comes from years of success in the business. Those who need a little extra motivation to get words on the page should read and highlight this book.

James Scott Bell is a fiction writer who has written a lot of books on the craft of writing. I was curious to see if this book had any new, useful ways to combat typical writer's problems. Because Bell has such great skills in reference writing, he is able to cut to the heart of your likely obstacles and provide you with unique insight and get you in gear again. I was encouraged. This is known as clarity. Other books may use a dogmatic approach (follow theses steps) or a scatter approach (it is up to you to find out what works for you) while Bell homes in on what tools are likely to get you going in the right direction. This is a lot more helpful. And, that is why you bought this book in the first place. It is a thin book, but highly recommended. So it is.

Terrific. Easy read with lots of gems inside. I bought this for a relative who's having a tough time finishing a book they've worked on for years. Decided to give it a glance before mailing and ended up reading every page. Good nuggets of wisdom, common sense, and motivation for anyone struggling in a creative arena.I like the author's positive slant on work and life in general. A very pleasant read.

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